



# Holy Spirit 30-Day Challenge

A journey of awareness and surrender

## Goal:

Become more aware, responsive, and surrendered to the Holy Spirit daily.





## Week 1 - Awareness: Who He Is

*(Foundation: Relationship and Recognition)*

### Day 1 - Invite Him In

- John 14:16-17
- Prayer: "Holy Spirit, reveal Yourself to me."
- Reflection: Where have I ignored Him?

### Day 2 - He Is God

- Acts 5:3-4
- Write down: 3 attributes of the Spirit seen in Scripture
- Reflection: Do I treat Him like a "force" or a Person?

### Day 3 - God in You

- 1 Corinthians 3:16
- Take 3 moments today to pause and say: "You are here."
- Reflection: When did I sense His presence?

### Day 4 - Conviction vs. Conscience

- John 16:8
- Ask: "Holy Spirit, show me anything out of alignment."
- Reflection: What did He lovingly reveal?

### Day 5 - Order Out of Chaos

- Genesis 1:1-2
- Journal one area of chaos -> pray "Hover over this."
- Reflection: What needs His order?

### Day 6 - Empowered Witness

- Acts 1:8
- Share encouragement or prayer with someone
- Reflection: How did the Spirit help?

### Day 7 - Sabbath Listening

- Psalm 46:10
- 10 minutes stillness: No agenda, just listening
- Reflection: What gentle nudge did I sense?





## Week 2 - Transformation: What He Produces

*(From self-effort to Spirit transformation)*

### Day 8 - Fruit, Not Force

- Galatians 5:22-23
- Circle one fruit to focus on today
- Reflection: How did He grow this in me?

### Day 9 - Freedom from the Flesh

- Galatians 5:16-17
- Identify one temptation -> surrender it in prayer
- Reflection: Where did I see victory?

### Day 10 - Scripture and Spirit

- John 14:26
- Memorize one verse He highlights to you today
- Reflection: How did He use it?

### Day 11 - New Desires

- Ezekiel 36:26-27
- Pray: "Give me Your desires-not mine."
- Reflection: What desire is He changing?

### Day 12 - Confession and Cleansing

- 1 John 1:9
- Confess to God and one trusted person
- Reflection: How does honesty bring freedom?

### Day 13 - Kill What Kills You

- Romans 8:13
- Remove one habit that hurts your walk
- Reflection: What step of obedience did I take?

### Day 14 - Celebrate Transformation

- 2 Corinthians 3:18
- Thank God for visible growth this week
- Reflection: Where do I see His work?



## Week 3 - Mission: What He Calls You To



*(From consumer to co-laborer)*

### Day 15 - You Have a Purpose

- Ephesians 2:10
- Ask: "What good works do You have for me today?"
- Reflection: Who did He lead me toward?

### Day 16 - Gift Activation

- 1 Corinthians 12:7
- Write your known gifts (or ask others what they see)
- Reflection: How can I use them this week?

### Day 17 - Boldness

- 2 Timothy 1:7
- Do one courageous thing for Christ
- Reflection: What fear did He overcome?

### Day 18 - Love-Led Mission

- Romans 5:5
- Perform an act of sacrificial love
- Reflection: What did it cost me?

### Day 19 - Pray for Someone Random

- James 5:16
- Stop and pray for someone God brings to mind
- Reflection: Did anything shift in them or me?

### Day 20 - Share Your Story

- Revelation 12:11
- Tell one person how God is changing you
- Reflection: How did the Spirit guide it?

### Day 21 - Mission Review

- Acts 4:31
- Journal moments of boldness and growth
- Reflection: What mission rhythm is forming?



## Week 4 - Discernment: How He Leads

*(Spirit-attentive lifestyle)*

### Day 22 - His Voice

- John 10:27
- Ask: "Holy Spirit, what are You speaking today?"
- Reflection: Write what you sense (no filtering)

### Day 23 - Renew Your Mind

- Romans 12:2
- Replace one lie with Scripture truth
- Reflection: What changed?

### Day 24 - Peace as Direction

- Colossians 3:15
- Ask: Does this decision increase Spirit-led peace?
- Reflection: What did peace confirm or redirect?

### Day 25 - Wise Counsel

- Proverbs 11:14
- Ask someone Spirit-filled for guidance
- Reflection: What wisdom did He speak through them?

### Day 26 - Prompted Obedience

- Isaiah 30:21
- Act immediately on one Spirit prompting
- Reflection: What happened when I obeyed?

### Day 27 - Pray for Discernment

- Philippians 1:9-10
- Pray this for yourself & someone else
- Reflection: What grew in clarity?

### Day 28 - Test Everything

- 1 John 4:1
- Examine a thought: Does this align with Scripture?
- Reflection: How did I separate truth from falsehood?



## Week 5 - Surrender: How He Forms Us

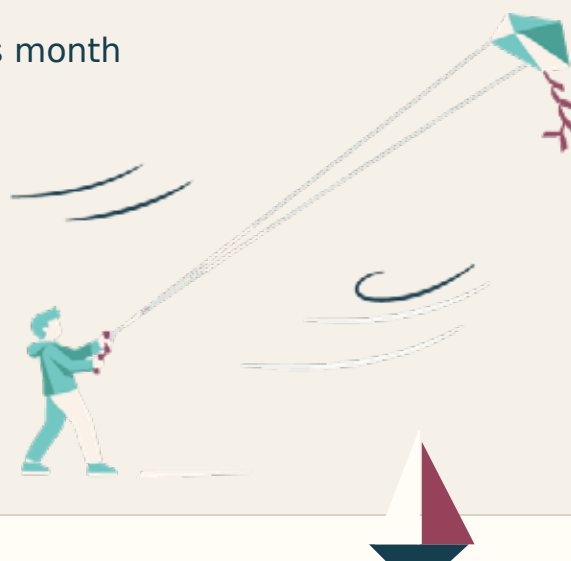
*(End of self and full control to the Spirit)*

### Day 29 - Lay It Down

- Luke 9:23
- Identify one area you keep control of -> surrender it
- Reflection: What freedom came?

### Day 30 - Commissioning Day

- Galatians 5:25
- Pray: "Holy Spirit, lead-I will follow."
- Share a testimony of what He's done this month
- Reflection: How has my life changed?



## Next Steps

Continue to cultivate a daily awareness of the Holy Spirit. Reflect on the challenges and breakthroughs experienced during this 30-day period. Consider joining a small group or seeking a mentor to support your ongoing spiritual growth.