

RELATIONSHIP RESOURCES

MARRIAGE & INTIMACY

Sacred Marriage

by Gary Thomas: Explores how God uses marriage more to make us holy than to make us happy.

You and Me Forever

by Francis & Lisa Chan: Challenges couples to view their relationship through the lens of eternity and mission.

Love and Respect

by Dr. Emerson Eggerichs: Focuses on the biblical cycle of a husband's need for respect and a wife's need for love.

Vertical Marriage

by Dave & Ann Wilson: A humorous and honest look at keeping God at the center of the relationship.

The Meaning of Marriage

by Timothy & Kathy Keller: A deep theological look at marriage as a gospel-centered covenant.

The Five Love Languages

by Gary Chapman: The classic guide to understanding how you and your spouse give and receive love.

How We Love

by Milan & Kay Yerkovich: Helps couples identify their "love styles" based on early attachment patterns.

The Seven Principles for Making Marriage Work

by John Gottman: Research-based practical habits for building a lasting connection.

Boundaries in Marriage

by Henry Cloud & John Townsend: How to set healthy limits to protect the sanctity of the union.

Married Sex

by Danny Ray & Dr. Debra Fileta: A biblically-based guide to enhancing physical and spiritual intimacy.

PARENTING & FAMILY

Parenting by the Book

by John Rosemond: Biblical common sense for raising respectful and resourceful children.

Boundaries with Kids

by Henry Cloud & John Townsend: Teaching children to take responsibility for their lives.

How We Love Our Kids

by Milan & Kay Yerkovich: Applying attachment styles to parenting to break unhealthy cycles.

The Collapse of Parenting

by Leonard Sax: A look at why modern parenting is struggling and how to restore parental authority.

The Anxious Generation

by Jonathan Haidt: An essential look at how the "phone-based childhood" is affecting youth mental health.

Living with Your Adult Children

by Jim Burns: Practical advice for the "sandwich generation" and parenting grown kids.

Shepherding a Child's Heart

by Tedd Tripp: Focuses on the "why" of behavior, pointing children toward their need for a Savior.

IDENTITY & WORLDVIEW

Parenting Without Panic in an LGBT-Affirming World

by Rachel Gilson: A compassionate, firm guide for parents navigating modern culture.

Grounded in Grace

by Jonathan Holmes: Helping children find their true identity in Christ amidst a shifting culture.

Who Am I?

by Jerry Bridges: A foundational study on our identity as justified children of God.

Living in a Gray World

by Preston Sprinkle: A guide for young people navigating Christian ethics in a complex world.

Axis (The Culture Translator):

A vital resource/newsletter helping parents understand youth pop culture from a biblical lens.

PODCASTS

Rock Solid Podcast:

Whether you're working on your marriage, guiding your family, or wanting to become a better parent, we're here for you.

New Life Live:

A Christian call-in counseling program addressing mental health, transition, and relationships from a biblical perspective.

FamilyLife Today:

Daily biblical wisdom and practical advice for every area of family life.

Fierce Marriage (Ryan & Selena Frederick):

Extremely popular with Gen Z and Millennial couples. They are known for their "fierce" commitment to the Gospel and a high view of the marriage covenant.

The Naked Marriage (Dave & Ashley Willis):

Part of the XO Podcast Network, this show is famous for its raw honesty about sexual intimacy and emotional connection from a biblical perspective.

Practice Makes Parent (Focus on the Family):

Hosted by Dr. Danny Huerta and Rebecca St. James, this is a "go-to" for 2026. It offers actionable, faith-based strategies for every stage of parenting.

Courageous Parenting (Isaac & Angie Tolpin):

A heavy hitter for conservative families looking for "raw truth." They cover discipleship, purity, and navigating the culture with a very firm biblical foundation.

Christian Parenting Podcast (Part of the Christian Parenting Network):

Features different hosts and guests (like Sissy Goff or David Thomas) focusing on the emotional and spiritual health of the child.